Commission Quarterly

Published by Friends of the Lincoln-Lancaster Women's Commission, Lincoln, Nebraska

JANUARY 2006

WINTER ISSUE

Weaving Women's Voices Salutes 2006 Honorees

Celebrating 30 years of tradition, the Lincoln-Lancaster Women's Commission has selected an extraordinary group of community leaders to honor at the next *Weaving Women's Voices* awards luncheon, set for Friday, March 10, 2006, beginning at 11 a.m. in the Cornhusker Hotel, 333 S. 13th St., Lincoln, NE.

Alice Paul Award recipient, SENATOR DIANNA SCHIMEK, has worked nearly two decades in the legislature addressing the needs of those who are underrepresented, especially women & children. Under her leadership, she has faced many political challenges, never wavering for fear of public retribution, and saying what others only think. She has sponsored/cosponsored seven major bills that were voted into law and addressed specific gender issues, such as



Sen. DiAnna Schimek

mammography screening for

low income women, stalking

and domestic violence victim

insurance coverage of breast

creating the Office of Women's

Sojourner Truth Award

a Union College student and

newspaper, The Clocktower.

strives to enlighten her peers

Through this medium, she

feminism while advocating

women's equality in college

and the work place. She is an

writer for the college's

on the true meaning of

honoree, KATE SIMMONS, is

protection, mandating

and cervical cancer, and

Health.



Milo Mumgaard



Karen Dienstbier

active member of Amnesty International, Peace & Social **Justice Club and Lincoln** NOW. In her spare time, she teaches English to political refugees and immigrants through her involvement with **Lincoln Community Gardens** program. In the words of her nominator, Mark Robinson, "Even though she is not enrolled in (my) class currently, I have had at least one student cite Kate as instrumental in his adopting a feminist stance."

Erasmus Correll Award winner, MILO MUMGAARD, has worked as executive

director for the Nebraska Appleseed Center for Law in the Public Interest for nearly a decade. Mumgaard's dedication and leadership on issues that affect the lives of literally thousands of women and their families in the state of Nebraska is unparalleled. His track record of consumer education, policy advocacy, litigation and program outreach has educated and influenced policy makers about women's issues in the wake of national welfare reform. Under his leadership, the center successfully litigated the return of transitional Medicaid coverage to over 10,000 working families, most of which are headed by single mothers.

Woman Artist Award in Visual Arts, KAREN DIENSTBIER, has been publicly and privately teaching

AWARD WINNERS - Cont. pg 4

L L VV C Advisory Report

LLWC Issues an Advisory on Wal-Mart

The Lincoln-Lancaster Women's Commission voted to issue an Advisory Report to the Mayor, City Council and Lancaster County Commission on Wal-Mart's proposal to build a third location in Northeast Lincoln.

(Nov. 18, 2005, Reprinted Verbatim) - "The Lincoln City Council is currently considering the addition of a third Wal-Mart store in Lincoln. The Lincoln-Lancaster Women's Commission, as an advisory board, is concerned with the corporate practices of Wal-Mart as an employer who provides wages that support families and benefits to ensure their well being

Business Week (10/6/03) reported that in 2003, Wal-Mart sales associates earned an average of \$8.23 per hour or \$13,861 per year. The Kaiser Family Foundation & Health Research and Educational Trust reported that Wal-Mart covers only 48% of its employees with health insurance. In a transcript of a speech made 4/5/05, Lee Scott (President and CEO of Wal-Mart) stated, "In some of our states, the public program (Medicaid) may actually be a better value – with relatively high income limits to qualify and low premiums." During this same time frame, Wal-Mart reported \$10 billion in profits.

Reports from the Institute for Women's Policy Research (IWPR) rank Nebraska 3rd in the United States for the

(IWPR) rank N percentage of women in the workforce. Nebraska ranks 49th in the country for the percent of employed women in managerial and professional

"The Lincoln-Lancaster Women's Commission is charged with advising and assisting the City and County in & informing the public and leaders in business, education and government of the social, economic and legal barriers that prevent women from choosing their present and future roles in family, the labor force and society in general and working toward the elimination of those barriers."

Lincoln-Lancaster Women's Commission Interlocal Agreement and Bylaws

occupations. Along with Nebraska's rank of 41st in annual wages for women, LLWC is concerned with the quality of jobs that are brought to our community. In addition, the largest class action lawsuit in history is pending with Wal-Mart (Dukes v. Wal-Mart) with claims that the retailer discriminated against women by systematically denying them promotions and paying them less than men. While this lawsuit has not yet been settled, it is, nonetheless, of concern. Economic development is an important issue to women in our community; the quality of jobs with benefits impacts not only the status of women in Lincoln and Lancaster County, but also our families. Ultimately, it is our children who pay the disproportionate high price of low wages and no or low benefits. LLWC believes that this is unacceptable, and asks that elected officials carefully weigh the long-term consequences and wisdom of adding low-wages/no benefit jobs to Lincoln and Lancaster County."

C Q News Flash - C Q News Flash - C Q News Flash

Good-bye Newsprint, Hello Internet

Is this going to be your last issue of the CQ newsletter? We hope not!

In the ever changing high-tech world, one thing is certain, you can expect the unexpected. In an effort to streamline the *Commission Quarterly* newsletter, trim budgets and stay in line with the times, the newsletter goes to the Internet with the April 2006 issue. A new format change occurs this Spring.

What does that mean for you?

After this issue, LLWC will e-mail your *Commission Quarterly* to your home or workplace, or you can retrieve a printable copy from the city's Interlinc Web site at: www.lincoln.ne.gov/city/mayor/women.htm. If you don't have Internet access, call us at 441-7716, and we'll put you on the mailing list for a paper copy.

The CQ format will undergo new design changes to make it more compatible with Internet and printer standards. The CQ newsletter will remain free of charge and open to anyone wanting to stay in touch with the Lincoln-Lancaster Women's Commission work, events and programs.

7053

Black History Month

A Tribute to Rosa Parks

Hard to believe, the woman who changed the meaning of freedom for generations to come, no longer walks among those still fighting for the civil rights movement she started in 1955.

African-American activist, Rosa Parks, died Oct. 24, 2005.

Although the myth persisted that Parks' famous refusal to move to the back of the bus in segregated Montgomery, Ala., happened because she was just a tired old Negro lady, most people understood that it was an act of civil disobedience. Living as she did in such politically charged times, Parks well knew the consequences of defying the bus driver and the police who were called to remove her. Local activists had been looking for an opportunity to challenge the segregation practices in Montgomery and considered organizing after two earlier instances when black women refused to move to the back of the bus

Raymond Parks, Rosa's husband, had been a founding member of the local chapter of the National Association for the Advancement of Colored People, which was constantly under surveillance and continually harassed. She had braved dangers to register voters and walked up many flights of stairs rather than use the "Negro only" elevators where she worked. Parks was a 42-year-old warrior. Around her were people who knew their history, but had been opposing racism for decades in school segregation, job discrimination and obstacles to voting.

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Editorial Policy:

The Commission Quarterly is a publication of Friends of LLWC Publishing costs are paid by Friends of LLWC. Materials appearing in this publication shall be in accordance with the purposes, goals and official positions of the Lincoln-Lancaster Women's Commission and Friends of LLWC. The Commission Quarterly is published four times a year: January, April, July and October.

Criteria for Publication:

Submissions by community groups and individuals are welcome Deadlines are the first of the month preceding the month of publication. Articles are subject to editing, with the author's compliance. Specific opinions expressed are not necessarily the opinions held by LLWC employees, its Commissioners or Friends of LLWC

Advertising

Advertising is available in a business card sized ad and will be accepted as space is available on a first come, first serve basis. All ads should be camera ready and must be submitted one month before the publication date. For more information on advertising opportunities, call 441-7717

Friends of the Commission

Friends of the Lincoln-Lancaster Women's Commission is a 501 (c)(3) organization that solicits funds for commission projects.

Margie Kniep, Sr. Office Assistant Diane Mullins, Public Info Specialist Bonnie Coffey, Director

Friends Executive Board

Roberta Stick, president Nancy Intermill, vice president Georgia Glass, treasurer Kathie Uhrmacher, secretary Karen Dienstbier, past president

Board members: Bridget Christensen Marcia Kushner Paige Roberts

Nan Schweiger Susan Scott Tami Soper

LLWC Commissioners

Jeri Brandt **Bridget Christensen** Jeannine Falter Jennifer Gutierrez Nancy Intermill Marcia Malone Leticia Meza-Casarin **Bethina Moore** Danja Pegram Siders, Vice-president Beth Rodacker. Member-at-large

Member-at-large Tami Soper, President Kathleen Uhrmacher

Connie Schmidt,

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Women & Health

Friends of Lincoln-Lancaster Women's Commission

Go Red for Women Awareness Luncheon

Heart disease remains the number one killer of women across America. Getting the word out to women can be as tough as finding your resting pulse rate. That's why the American Heart Association is sponsoring the second annual "Go ed for Women" educational luncheon scheduled for February. LLWC will again cosponsor the luncheon. For confirmation on location and tickets, call the Women's Commission at 441-7716.

LANCASTER Rx Card, Prescription Discount Available to County Residents

Open to the general public, the new prescription discount card, LANCASTERx, offers 20% discounts at 54 Lincoln pharmacies. In some cases, the discount exceeds the copayment

of regular medical insurance companies.

In a joint effort between the National Association of Counties, **Lancaster County and** Caremark, a new prescription discount program has become available to



This plan is not insurance.

underinsured residents of Lincoln and Lancaster County. Free for the asking, the wallet-sized prescription discount

card is available to the general public. The card entitles its holder to a 20% discount on most commonly used prescriptions. Patients can receive extra savings through mail pharmaceutical services. There is no enrollment fee, age requirement, income limitations, clam forms to complete or premium payments to

Referred to as "LANCASTERx," the prescription discount card covers the entire family. To obtain the new discount card or to get more information, contact the County Health Department, 441-8000.

Announcements 4 Friends

Mark Your Calendars

Future board meetings for Friends of LLWC is set for 5:30 p.m. on Jan. 9, April 3, July 10, and Oct. 16, 2006, to be held at LLWC offices, K **Street Complex conference** room, 440 S. 8th St., Lincoln.

Kudos New Board Members & Officers

Holding its annual elections during the Fall board meeting, new officers and board members were elected into office at the last Friends of LLWC meeting. Welcome new and returning board members: Roberta Stick, president; Nancy Intermill, vice president; Georgia Glass, treasurer; Kathie Uhrmacher, secretary; and Karen Dienstbier, past president.

Board members include Bridget Christensen, Marcia Kushner, Paige Roberts, Nan Schweiger, Susan Scott and Tami Soper.

January

2006

Friends President's Letter

VVinter Issue

A New Era Begins

By Roberta Stick, Friends President

During this past year, the members of the Board of Directors of Friends of the Lincoln Lancaster Women's Commission had the challenge and opportunity to

debate what was our purpose. Each request for an expenditure of the funds we oversee prompted us to examine the request carefully and make sure that the money would be used to further the activities of the Commission. These activities are designed to heighten community awareness on women's issues in the areas of self-sufficiency, health care, safety, law and legislation, education, community resources and serve as a clearinghouse of information for women in need. It is amazing how easy it is to make a decision when you are guided by the Commission's purpose!

It is my pleasure to serve as the President of the Friends' Board at this time. We have a committed group of "newbies", "more seasoned members", and some of us who are in the middle. We are like a stew, each of us is distinct, yet we blend together to produce a unique result.

This continues to be an exciting time for the Commission – the ideas and activities are as limitless as the talents of the Commissioners. I look forward to partnering with the Commission to ensure that women have greater leadership roles in boards and companies in Lancaster County, and that women are better educated regarding their rights, their options, and their opportunities.

2006 MEMBERSHIP DRIVE - RENEW YOUR SUPPORT TO LLWC TODAY!

FOR A SMALL ANNUAL FEE, you will receive a reserved table at the annual awards program and be publicly recognized for your support to the projects and programs spearheaded by LLWC. SUPPORT OUR ENDEAVORS. JOIN US!

NAME:	PH:
ADDRESS:	
CITY/STATE/ZIP:	
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AMOUNT:	
Make check payable to: FRIENDS OF LLWC P.O. Box 81454 Lincoln NE 68501-1454	Supportive Friend \$5-19 Friend \$20 Good Friend \$21-50 Great Friend \$51-76 Best Friend \$76-99 Thru Thick & Thin Friend \$100 + Formular Friend \$500

PARKS - continued from Front Page

The African Methodist Episcopal Church, where Parks worshipped, had a long history of activism, stretching back to the abolitionist movement of the 19th century and embodied in the legacy of the church's famous member Harriet Tubman. From that time, too, came examples of black women standing up to racial segregation, particularly in relation to public transportation facilities: Sojourner Truth on the Washington, D.C., streetcars in 1864; Mary Ellen Pleasant on San Francisco's streetcars in 1866; and Ida B. Wells on Tennessee trains in the 1880's.

Like those who came before her, Rosa Parks paid for her courage. By 1957, she and her husband had lost their jobs and the South was dangerous for them. In Detroit, she eventually went to work for Congressman John Conyers.

Although she lived as a legend and continued to stand up against racism, she struggled financially in later years, relying

on a church to pay her rent until her landlord decided to let her live rent-free.

All that, too, is part of a long tradition.



for women is at the College of Saint Mary-Lincoln campus.

Programs include:

Applied Psychology and Human Services

Business Administration

Business Information Systems General Studies Paralegal - The only ABA

accredited bachelor paralegal program in Nebraska. 489-2900

Spring classes begin **JANUARY 13, 2006**

Call today for more information! www.csm.edu

in the listings for great connections! **WomenTalk**

On - line Services

Located within the city's "Interlinc" web

site system, the Women's Alliance

(LLWA) directory offers a wide variety of

information on individual clubs and

organizations, including the contact

information. If your organization or agency

would like to post information free of charge

or update its current information, an

application can be obtained from the web

site's index page (www.lincoln.ne.gov/

city/mayor/women/llwa) or call 441-7716

and one will be snail-mailed to you. If

you are looking for a way to become

actively involved in the community, make

new friends or strengthen networks, look

"Crystal Catastrophe: Women & Meth"

A show by women about women's issues - aired four times each week on 5 City TV - Cable Ch. 5

Program Schedule Tuesdays, 9:30 PM Wednesdays, 10 PM Thursdays, 1 PM undays, 10 AM -show subject to preempting

Surfing the Web again? Click Here!

www.lincoln.ne.gov/city/ mayor/women/index.htm

What will you see? Our work! Annual reports, special reports, Women's Leadership Recruitment Program, Advisory Board membership, Friends information, Women's Alliance Directory, Women in Education grant information, statistics, resources & contact information, news releases, past newsletters, and much, much more!

YOU WANT MORE PAY? HOW BAD DO YOU WANT IT, HONEY?



If your supervisors have other "ideas" about how you can advance at work, we have a few "ideas" of our own.

Hit them where it hurts!

Report them for sexual harassment under the City of Lincoln Municipal Code's Equal Opportunity Ordinance, Title 11.

If you suspect illegal employment practices, contact the Lincoln Commission on Human Rights. Everyone deserves an opportunity to succeed. Lincoln Commission on Human Rights, 440 S. 8th St., Ste. 101, Lincoln NE 68508. Call 402/441-7624 or 402/441-8398 TDD

Calendar of Events **JANUARY 2006**

02: Holiday, OFFICE CLOSE

07: R2R Networking, Quarry Oaks Country Club in Ashland,

09: Friends Board Meeting, K

11: Regular Commission mtg,

16: Holiday, OFFICE CLOSED

FEBRUARY 2006

08: Regular Commission mtg,

20: Holiday, OFFICE CLOSED

MARCH 2006

08: Regular Commission mtg,

10: Weaving Women's Voices

awards luncheon, Cornhusker

15: My Movies for Mommies

K St. Conf. Rm, 5:45 -7 p.m.

Hotel, 11:30-1 pm

(And Daddies, Too!)

SouthPointe Mall, 10 am

19: WomenTalk Taping

St. Conf. Rm, 5:30 p.m.

10:30 am to 9:30 pm

30: Spring CQ Distributed

APRIL 2006

3: Friends Board Meeting, K

12: Regular Commission meeting, K St. Conf. Rm, 5:45 -7 p.m.

18: LWV Candidate's Forum,

26: Equal Pay Day recognition

K St. Conf. Rm, 5:45 -7 p.m.

18: My Movies for Mommies

SouthPointe Mall, 9:45 am.

26: WomenTalk Taping

(And Daddies, Too!)

St. Conf. Rm, 5:45-7 pm.

10: Co/City Volunteer of the

Month Award presented to LLWC Commissioner

K St. Conf. Rm, 5:45-7 pm.

8-10 am.



Tami Soper

LLWC President's Letter

The Gift of **Understanding**

By Tami Soper, LLWC President

This year, give the gift of understanding. Our differences are what make us unique. Sharing our cultural and religious differences with others is a great way to

build empathy and understanding. The winter holiday season is rich with opportunities to learn about other cultures and experience food, music and festive traditions different from our own. These experiences can help us gain a greater understanding of the world around us, help us understand why and what we value about our own traditions, and offer suggestions for new things we can incorporate into our holiday celebrations.

Maybe it's because the winter season is rainy and gloomy, forcing people to stay indoors. Whatever the reason, winter celebrations are usually fun and exciting for everyone. Fill your season with fun and adventure. Discover how others celebrate the holidays you recognize in their home (Christmas, Hanukkah, Kwanzaa, Chinese New Year, New Year's Eve/Day). Research what or how people in other countries celebrate during the winter holiday season. Or, learn what new cultural or religious beliefs others celebrate that you have never experienced.

How do you find these opportunities?

- Contact cultural and community centers in your area to inquire about upcoming events and learn how you and your family can participate.
- Visit faith organizations of various denominations and participate in their worship services.
- Coordinate a cultural "show and tell" event at your place of employment or in your neighborhood.
- Surf the Internet and gather information, share what you learn with family and friends and select foods or rituals to try on your own.

Holiday traditions are a great source of pride for many people. They also serve as a method of passing information about values and beliefs on to future generations and those new to our culture. Splurge on a special treat for yourself; make an effort to learn about the many sounds, sights and rituals of this festive time of year.

LLWC Wins NACW Project Award

For the first time in the history of the Women's Commission, a project was recognized for its outstanding merit from the National Association of Commissioners for Women at its 36th annual convention held last summer in Miami, Fl.

My Medical Records Manager, a multicultural health care booklet designed to track medical services over a long period of time, earned "Outstanding Achievement Award" by a committee of 15 national board members.

The booklet can be adapted by other communities across the nation in addressing particular needs of diversity and immigrant women in their community.

New Projects & Programs

Park Your Stroller at SouthPionte Cinema

A new program for 2006, My Movies for Mommies (And Daddies, Too!) is designed to focus on the parents and grandparents of babies from infancy through age 3. This means that the first-run movie is geared toward adults who need to take a break for the daily duties of caregiving. The next program is set for Wednesday, Jan. 18, 2006 at 9: 45 a.m. at the SouthPointe Cinema, 27th and Pine Lake Rd. Movies have an adult rating and parents must bring their infant(s) to purchase half-price tickets, limit two. The event is cosponsored by My 106.3 Radio, BryanLGH Medical Center and the Douglas Theaters. Stroller parking provided.

What's In Your E-mail Box?

Things are changing. The Commission Quarterly goes DIGITAL starting in April 2006. And, we don't want to miss you!

To stay on our lists, please update your e-mail address with a request for the CQ and e-mail it to: <u>llwc@lincoln.ne.gov.</u>

But, if you don't use e-mail, call us at 441-7716 and we'll snailmail the paper version. Be sure to keep us informed on your new contact information.

If you have received this publication in error, please call the above number to be removed from the newsletter list.

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Volunteer Salute



Wells Did Very Well Hats and bonnets off to Victoria Wells for doing an

excellent job in translating the My Medical Records Manager brochure into the Russian language. As a new American, Wells welcomed the challenge, and a chance, to work with city government in helping Russian women take charge of their health care services.

Kudos



Way To Go, Woman! The County/ City Volunteer

(WASHINGTON DC) - In an effort to balance the historical scales of women's work on Capitol Hill, the House of Representative's Fine Arts Board teamed with the Jeannette Rankin Foundation to commission artist Sharon Sprung in painting a portrait of the first woman ever elected to Congress. Sprung is a faculty member at the National Academy Museum

U. S. Congress in 1917. A lifelong woman suffrage advocate and pacifist, she voted against U.S. entry into WWI and WWII. She authored several important reform measures, including the bill that became the landmark Sheppard-Towner Maternity and Infancy Act of 1923. The portrait depicts Rankin standing in the north corridor, outside the chamber, still holding the day's newspaper with resolution and regret on her face as she begins her House service with a vote against war.

At age 88, Rankin continued to carry on her pacifist agenda and joined the mass of protesters who marched down Pennsylvania Avenue in Washington, D.C., in 1968 to protest the Vietnam War. On the cusp of her 90th birthday in 1970. Rankin led a second "Rankin Brigade" to Washington, and 5,000-plus women joined her in the war protest. She died in 1973, one month before her 93 birthday.

After many months of hard work, the unveiling of Rankin's portrait in the Library of Congress brought many officials to witness the newest tribute dedicated for public display. Among that group stood Bonnie Coffey, director of the Lincoln-Lancaster Women's Commission, who received an invitation to attend the special event during a trip to Washington, D.C. last September.



of the Month Award was

presented to Bridget Christensen for her many years of active participation on the Women's Commission board. She spearheaded the booklet. Why Women Should Vote, and worked at many events since joining the board in 2001.

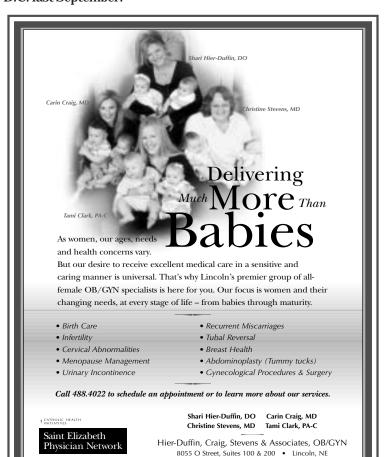
Women's History Month

Unveiling Women of History is a Work of Art

School of Fine Arts in New York.

Hailing from Montana, Jeannette Rankin was elected to the

In honor of the first woman elected to Congress, members of the House Fine Arts Board attended a ceremonial unveiling of Jeannette Rankin's portrait in the Library of Congress. From left to right is Sue Lawrence, executive director of the Jeannette Rankin Foundation; Congresswoman Juanita Millender-McDonald, California; Rep. Marcy Kaptur, D-Ohio; Rep. Nancy L. Johnson, Connecticut, and Sharon Sprung, portrait artist.



Mission Statement

Working as a division of the Mayor's Office since 1976, the Lincoln-Lancaster Women's Commission strives to assure that the women of Lincoln & Lancaster County have full participation in the issues that have an impact on their lives. The Commission advises City and County officials of social, economic and legal barriers that prevent women from choosing their roles in the family, the labor force and society in general, and working toward the elimination of those barriers. With 15 volunteers and a paid staff of three, the Commission continues to engage in activities designed to heighten community awareness in the areas of self-sufficiency, health care, safety, education and act as a clearinghouse of information for women in need.

Impact -Impact -Impact

By Jeri Brandt, LLWC Commissioner

I joined the Lincoln-Lancaster Women's
Commission because...
I wanted to make others aware
of the needs of women that are
not met by current government
and nongovernmental
programs. I also wanted to
contribute to change and
programming for women in
Lincoln and Lancaster county.

I believe LLWC is important to Lincoln and Lancaster County because ... we can speak for women who encounter too many barriers to work toward a more just society. Barriers include working two or three jobs, caring for several preschool children and lacking the time or energy, or they are afraid to speak up because of language or education differences.

**With each publication of the Commission Quarterly newsletter, LLWC will spotlight a Commissioner's responses on the above two questions.

Welcome Commissioner

Appointed to the board by Mayor Coleen J. Seng, with approval from City Council and County Commission, Leticia Meza-Casarin joined LLWC as its newest commissioner. Welcome Leticia!

Contact Information

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Washington, DC 20510
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(F) (202)-224-5213
www.hagel.senate.gov/
index.cfm?FuseAction=Offices.Contact

Congressional Representatives

Jeff Fortenberry District 1 1517 Longworth House Office Building Washington, D.C. 20515 (P) (202)-225-4806 (F) (202)-225-5686 http://fortenberry.house.gov/emailjeff/

Friends of Lincoln-Lancaster Women's Commission



Survey Says, Let's Do It Again Next Year!

About 40 women from all walks of life attended the third annual *Women & Money* day-long conference held at the University of Nebraska-Lincoln's downtown Student Union.

About 16 presenters and a dozen booth exhibits

complemented the exchange of financial goal setting by women during their networking free times.

Participants' evaluations ranged from "sessions were too short" to "when is the next one?" One suggestion rang loud and clear: Let's do it again next year.

A task force was formed to review all components of the event and to determine the most effective use of time, talent and topic in planning the 2006 event.

As a spin-off motivator, LLWC is mailing monthly money management tips on customized postcards to its alum and presenters to help support women's efforts of staying on top of their financial goals.

Community outreach continues to be the best method of helping women regain and prepare for those unexpected financial challenges, and to stay self-sufficient.

art for the past two decades, and stands as Artist-In-Residence at several colleges across the nation. She has received multiple recognitions and earned awards for her work locally, nationally and internationally. Her art work has been seen in 34 juried shows in 11 states, 20 group invitational exhibits in Nebraska and 21 in other states. Her paintings appear in 29 corporate collections in six states and she has had 17 one-person shows in galleries as varied as the Nebraska Governor's Mansion and other notable museums across Nebraska. For several years, she coordinated a regular informal group of women artists to support their endeavors and original works. She has belonged to a number of women advocacy groups, including Friends of LLWC. Her activism spans the roles of artist, teacher and supporter.

Presiding as keynote speaker for the Weaving Women's Voices program is Ms. Shinae Chun, director for the U.S. Department of Labor Women's Bureau in Washington D.C.

Chun serves under Secretary of Labor Elaine Chao. Ms. Chun is President Bush's highest ranking Korean-

American appointee and heads the only federal agency charged with advocating on behalf of women in the workforce.

Chun completed her undergraduate

degree at Ewha Womans University in Seoul, Korea, and her master's degree in Education and Social Policy at Northwestern University. In 1992, she received a fellowship to Harvard University, John F.

Kennedy School of Government, Program for

Senior Executives in State and Local Government.

Shinae Chun

CQ Newsletter Saves Trees

Don't Miss Your Next Copy of the CQ Newsletter when it goes digital! Send your current E-mail address to: llwc@lincoln.ne.gov

If you don't have e-mail, call us at 441-7716.

We'll add you to the snail-mail address list and send you the traditional paper copy.



January

Women's Leadership

Winter Issue

le'db-ship' n. the ability to guide the way by going in advance, to inspire & influence other's behaviors; to direct; to be the first to take action.

LLWC Seeks Applicants for Advisory Board

2006

The Women's Commission is seeking candidates for several vacancies on its Advisory Board. The board is comprised of 15 volunteers from the community, inclusive of diverse backgrounds, professions and cultures.

LLWC is dedicated to identifying, representing and serving the diverse needs of women in Lincoln and Lancaster County; raising awareness regarding deficiencies in policy that negatively impact women; advising city and county officials on public policy issues; educating the public regarding these issues through a network of coalitions; and serving as an advocate of change by empowering all women in our community and working to improve their lives.

LLWC is a division of the Mayor's Office. Board membership and event participation is voluntary. Candidates are approved by majority vote from the City Council and Lancaster County Board of Commissioners, then appointed to the board for a two-year term by the Mayor. The LLWC board meets the second Wednesday of each month at 5:45 p.m. in the K Street Complex conference room, 440 S. 8th St., Lincoln, NE. If you are interested in being considered, complete an Advisory Board Appointment Application located on the commission's Web site at www.lincoln.ne.gov/city/mayor/women/mtcomsn.htm or call us at 441-7716 and one will be mailed.

Are You Ready to Run for Office?

*Alum Networking Offered at Quarry Oaks in Ashland

Last October's event, *Ready to Run*, packed a full house at the Mahoney State Park's Riverview Lodge. Nearly 80 women participated in the workshop training for women wanting to run for an elected office. Responding to community requests, two networking events are scheduled for January 7 and June 10, 2006.

Meeting at the Quarry Oaks Country Club in Ashland, alums are invited back to hear guest speakers Sen. Nancy Thompson and Victoria Kohout discuss their campaign budgeting and finance experiences from 8:30-10:30 a.m. The cost is \$15 per person and includes breakfast. Call (402) 827-9280 by Wednesday, Jan. 4 before 3 p.m. to reserve a spot for this session. The second annual R2R workshop is currently being planned for Saturday, Oct. 14, 2006.

Look for more details in the Summer issue of the CQ Newsletter.

"Thank you for offering the Ready to Run Workshop last month to women like me who are interested in. but confused and intimidated by running for an elected office. As a result of my experience at the workshop, I ran for and was elected as **UNO's Master in Public** Administration committee student representative. I consider this a first step toward the Presidency! Thank you so much for the incentive," - Michelle Zych















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	celebration. Please send me ticket(s) @ \$26 each. Enclosed is my check
-	or money order for \$ payable to Friends of LLWC.
	I wish I could go, but I have a scheduling conflict and can't make it. Enclosed
_	is \$ to set aside for Scholarship Tickets. In my place, please offe
	the opportunity for low-income women and students to attend this special event.
	I have enough friends to purchase a SPONSOR'S TABLE of eight. Enclosed
-	is a check for \$250 to help in underwriting the event of which \$160 is tax deductible
	Your contribution is tax deductible when payment is made to Friends of LLWC

Yes, I would like to attend the 30th annual International Women's Day

Please return this coupon with your payment and mail to: FRIENDS of LLWC, PO Box 81454, Lincoln, NE 68501-1454. Open seating is available 30 minutes prior to the event. Only sponsorship tables are reserved near the podium.

